



## Health Self Assessment and Agreement

We want to make sure that you, conference/camp staff,volunteers, and all participants feel safe when attending the Midwest Women's Herbal Conference at Camp Helen Brachman. Therefore, in light of the COVID-19 pandemic, you are asked to sign this statement confirming the following upon arrival at the event and before using the facilities:

- ~You and all members of your household are not experiencing any of the following symptoms: cough, shortness of breath or difficulty breathing, fever, chills or repeated shaking with chills, muscle pain, headache, sore throat, or new loss of taste or smell.
- ~You and all members of your household have not tested positive for COVID-19 in the past two weeks.
- ~You and all members of your household are not currently under quarantine due to having tested positive for COVID-19 or due to having been exposed or potentially exposed to COVID-19.
- ~You and all members of your household have not had close contact with anyone confirmed to have the COVID-19 virus in the past two weeks.

Safety Rules: You agree to abide by all government-mandated safety and social distancing measures while attending the Midwest Women's Herbal Conference and associated events. You will also comply with the following measures:

- Notify staff immediately if you begin exhibiting COVID-19 symptoms.
- Wash your hands often using hand washing stations or hand sanitizer provided.
- Avoid close contact, maintaining distance between yourself and other persons whenever possible.
- Wear a face covering (consistent with CDC recommendations).
- Follow any other safety measures that may be required by our staff members.
- If you are unable to confirm all of the above or refuse to abide by our heightened safety requirements, we will be unable to grant you access to the event.

This document must be physically signed by every participant upon arrival. If a guest is under 18 years of age, please have a parent or guardian sign this form.

Confirmed

Signature: \_\_\_\_\_ Date \_\_\_\_\_

Please print name: \_\_\_\_\_